



**PASADENA HOST
LIONS CLUB
BLOOD DRIVE**



**Where: MICHAEL AMINI TRANSFUSION MEDICINE CENTER,
City of Hope, 1500 East Duarte Road, Duarte, CA 91010**

When: Wednesday, September 11, 2019

Time: 8 AM- 11 AM (Walk ins anytime during window)



Please review the following information below to see if you are a candidate for donating blood. Your donation literally helps save lives every day. PLUS, YOU HAVE LION BLOOD!

INFORMATION FROM CITY OF HOPE

How do my blood components help?

Blood and platelets are the lifeline for our patients. Our patients rely on blood and platelet transfusions to aid during their cancer treatments and transplants. Every month, more than 3,000 blood transfusions are given at City of Hope.

Because of the seriousness of the cases treated at City of Hope, our patients need more blood and platelets than patients at any other major medical center surveyed in Southern California.

What can I expect while donating?

The process is easy and usually takes less than an hour for whole blood and two and a half hours for platelets. After answering a few questions about your medical history, you will undergo a brief mini-physical exam to determine your current health status. You can usually resume everyday activities almost immediately after donating.

Are there qualifications?

- If you would like to donate, you must be at least 17 years of age and weigh at least 110 lbs. Donors age 16 may donate if they weigh a minimum of 120 lbs. and have a signed City of Hope Donor Center Parental Consent.
- All donors must possess a government issued picture ID (e.g., a driver's license, passport, etc.). We also encourage you to have a healthy meal and be well hydrated (with non-caffeinated fluids) before donating.
- Please note for platelet pheresis donors only: Do not take any ibuprofen, aspirin or aspirin-containing products 48 hours before your donation.

You cannot donate blood if you...

- Have had cold or flu symptoms three days prior to donation or do not feel well on day of donation
- Have taken antibiotics in the last two days
- Had major dental work (crown, root canal, gum surgery) in the past 24 hours
- Had hepatitis after the age of 11 years
- Have a history of cancer (except basal cell skin or in situ cancers)
- Had a tattoo, ear or skin piercing at a regulated facility in the last two weeks (ear piercing done with a sterile piercing gun is OK).
- Received a blood transfusion in the last 12 months
- Spent more than 72 consecutive hours in jail or prison in the past 12 months
- Traveled to a malaria risk area within the last 12 months
- Had malaria within the last three years
- Spent a combined total of:
 - Three months or more in the United Kingdom from 1980 through 1996
 - Five years or more in Europe from 1980 to present
 - Six months or more associated with a military base in any of the following countries:
 - From 1980 through 1990: Belgium, the Netherlands or Germany
 - From 1980 through 1996: Spain, Portugal, Turkey, Italy or Greece
- Are or have been pregnant in the last six weeks
- Were treated for syphilis or gonorrhea in the past 12 months
- Used a needle to inject nonprescription drugs (including steroids)
- Are at risk for HIV exposure, the virus that causes AIDS